

THE CITADEL
The Military College of South Carolina

GROOMING POLICY FOR

1. PURPOSE

Representing The Citadel should be a source of pride for the Citadel community. A neat and well-groomed athlete is fundamental to the school's success. The purpose of this policy is to establish athlete grooming practices at The Citadel.

2. REFERENCE

S.C. Code Ann. 59-121-10,

3. DEFINITIONS

None.

4. POLICY

A. Pre-Matriculation Standards

Non-cadet student-athletes (NCSA) must adhere to the NCSA grooming standards during summer camps or fall post-matriculation camps. NCSA must adhere to the NCSA grooming standards, unless otherwise specified for religious reasons. NCSA must be in compliance with the following standards: (1) for team and individual athletes representing The Citadel in any sport.

B. In-Season Non-Cadet Grooming Standards

1. General

- a. NCSA will ensure their hair is clean, well-groomed, and styled in a conservative manner. NCSA will not use hair dyes, hair relaxers, or hair straighteners. Hair color used must appear natural.

an extreme appearance. Use of hair products that produce an oily or greasy appearance will not be used.

- b. Fingernails will be kept clean and neatly trimmed so as not to interfere with the performance or present a safety hazard. Only clear nail polish is authorized. Females will not exceed a nail length of $\frac{1}{4}$ inch, as measured from the tip of the finger. Males will keep nails trimmed so as not to extend beyond the fingertip.
- c. The face will be clean-shaven. If appropriate medical authority prescribes beard growth, the length required for medical treatment will also be specified. For example, "a neatly trimmed beard is authorized. The length will not exceed $\frac{1}{4}$ inch."

2. Male Haircut Requirements

- a. The hair on top of the head will be neatly groomed. The length and bulk of the hair will not exceed three inches, present a ragged, unkempt, or extreme appearance. Hair will present a tapered appearance and when combed will not fall over the ears or eyebrows. The hair at the back of the head will be tapered and not blocked. In all cases the bulk or length of the hair will not interfere with the proper wearing of athletic equipment.
- b. Sideburns will be neatly trimmed. The base will not be flared and will be a clean-shaven horizontal line. Sideburns will not extend below the middle of the ear canal.
- c. Faddish haircuts (such as Horseshoes" and "Teardrop") are not authorized. Males are not authorized to wear braids, cornrows, twists or dreadlocks.

3. Female Haircut Requirements

- a. All females will ensure that their hair is neatly groomed, that the length is not more than 13.9 inches (excluding the hair on the head) and that the hair is not more than 1.5 inches (excluding the hair on the head) long.

8. REVIEW

This policy will be reviewed on a biennial basis.

OFFICIAL

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President of The Citadel
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